

**Ben Nevis, the highest of the Three National Peaks at 1344 metres (4409 ft), has only one main path to the summit, it's marked clearly on the [OS Explorer 392](#) map below.**

**Ben Nevis starts very close to sea level, thus, a much greater vertical ascent.**

## Ben Nevis Route

A single path runs up Ben Nevis, from Glen Nevis, which can be followed via the Glen Nevis Youth Hostel, or the Glen Nevis Visitor Centre, situated in the car park. Early on the walk, two paths join, and then continue to a Loch - (Lochan Meall an t-Siudhe). From this half way point, the path follows a zigzag pattern to the peak.

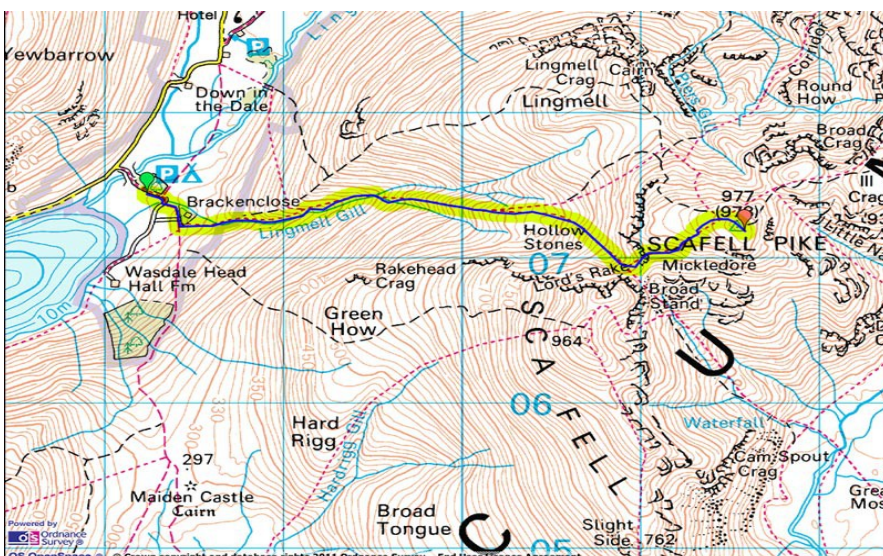
Popularly known as The Pony Track, this route is 10.5 miles long, 17km, up and down, and includes 1344 metres of ascent.



## Scafell Pike Route

Two normal routes are available, from Wasdale Head and Seathwaite. Longer routes from Langdale and Eskdale are also very popular

The Wasdale Head route is six miles in total and includes 989 metres of ascent, and this will be our route



# Snowdon Routes

## Llanberis Path:

This is known as the Tourist path.

It's not the shortest path, but certainly one of the easiest. It has the most gradual climb.

With a total distance of 9 miles

